

We are now the **UK'S 1<sup>ST</sup> OFFICIAL REGISTERED CHARITY** DEDICATED TO Help & Support OF Pre AND Post MULTI ORGAN/SMALL BOWEL TRANSPLANT PATIENTS and their families.



January 2017

**Welcome** to our winter edition of MOTS news. Our aim is to support patients and their families, who are waiting for or have undergone multi-organ transplants. We know how demanding this is on our lives, and we hope to provide practical help as well as emotional support.

This is your newsletter, and we would love to hear from you. If you are willing to share your story, or have any other hints or tips, any suggestions, recommendations or anything else you think may benefit others, then please get in touch.

**WINTER EDITION**



**FUNDRAISING**



Amanda Watts (Secretary) raised £40.02 from her chocolate party.

**CONTACT MOTS**

General enquiries, fundraising and donations

**Founder & Chair**  
Emma Abdullah

**Treasurer:**  
Sam Williams

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Find us, like us, add us & share us on Facebook and Twitter.

**WEBSITE:**  
[www.mots2012.org.uk](http://www.mots2012.org.uk)

On 3<sup>rd</sup> November, to celebrate International Project Management Day Mark, NHSBT manager, & his team raised the importance of organ donation and made £1,559.70 (plus £335 gift aid) for MOTS.



On 19<sup>th</sup> November Cat (Catriona Hamilton) raised £113.50 for MOTS from selling her crafts at a local market stall.

Donations from Mr and Mrs Hasting's Wedding (Jill Carter's sister's) raised £350 (plus gift aid)



Bettws Post Office sell used books for £1 & have a MOTS donation tub.

Acorn Bakery, Bettws have a MOTS tub & put the 5ps from carrier bags in.



**December 8<sup>th</sup>:** Member, Keeleigh John's, mum & dad, Tracy and Terry had the MOTS logo tattooed on themselves- To sponsor them for this go to ...

<https://www.justgiving.com/campaigns/charity/mots/inkedformots>

*Friend Dottie Joe also baked a MOTS cake, which was raffled.*



## Personal Story

*Tracy, Keeleigh John's mum, gives part of their transplant story below, and explains what MOTS has meant to them since they have been involved.*

Hi, I'm Tracy and my daughter received a kidney and liver transplant in December 2011. It's been a real struggle. We've had contact with people that have had a transplant, but there are not many who have had a multi-organ transplant. So when we found MOTS it was like a weight had been lifted. Things were a great struggle; all our spare cash (not a lot) had to be saved for journeys to the hospital, which is 118 miles each way. Not only have we had fantastic emotional support from MOTS, but we have been offered financial support too. My girls dream was to learn to drive, not something I could afford easily, but something I really wanted to find a way to do, although we thought it wouldn't ever be possible. MOTS helped fund her driving lessons and amazingly my beautiful girl passed her test first time in July this year. I will be forever grateful to them for giving my girl the chance to fulfil her dream of driving, Thank you MOTS from the bottom of my heart.



# MOTS AT THE MOMENT



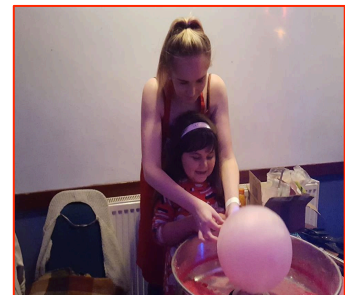
On 19<sup>th</sup> September, Emma Abdullah, Sam Williams & Alex Geiger spent the day at Addenbrooke's, where they were part of the small bowel conference. In the morning they set up a MOTS stall and then later in the afternoon, Emma and Alex jointly presented a talk on their transplant journey. Emma then talked again at a NHSBT talk in Bristol via the virtual world on 6<sup>th</sup> October.

A large proportion of our members took up the chance to receive an electric

toothbrush and these were posted out to members on 29<sup>th</sup> November. Thanks to a very good deal from InKindDirect MOTS were able to purchase the toothbrushes at a very good price and offer them to members as part of a winter pack. These were really appreciated by our members as the effects of medications, special diets and severe illness has a big impact on our teeth. Also offered was a £20 grant in recognition that there are a lot of financial pressures for our members at this time of year.



Christmas time is always a busy time for MOTS, and this year has been no exception. In tradition, Emma announced the 80-day challenge, in the run up to Christmas. People choose their day from 80 days before Christmas and then try to raise the amount of money corresponding to their day. As usual this has proved to be a great way to raise money and encouraged people to do so in many different ways. By 22<sup>nd</sup> December £3830.92 had already been raised. Emma, our founder, took the lead in raising money by promoting last years Christmas cards and selling off last years left over stock, encouraging others to do the same. This year there has also been the chance for people to send e-cards via JustGiving whilst donating money to MOTS. Catriona Hamilton followed in her tradition of last year and took to selling her craft creations both at local craft fairs and also to the wider public through her Facebook page, 'Cat's Christmas Crafts in aid of MOTS'. She also managed to raise the profile of MOTS with a sneaky picture in the local paper. Emma and Sam also held their annual Christmas Fun-Filled Family Party in Newport on 3<sup>rd</sup> December. This was the 4<sup>th</sup> year they have organised this event, and once again it was a great success and raised £850.85 for MOTS.



## Memorial

**Sally-Ann Hart** (26.01.55-18.08.2016)



**Olga Palmer** (16.05.1938- 30.09.2016)



Gary Palmer and his family collected donations totalling £477.50 at his mum's (Olga Palmer's) funeral for MOT'S.

*A note from our founder & chair, **Emma Abdullah**, when asked what her hopes and dreams for MOT'S for 2017 are.*

*"Umm... My hopes and dreams would be to extend our support through our adult members to hopefully provide days out for them with loved ones. We have many members who don't get opportunities to go on days out as expense is hard so I'm thinking of trying to raise enough to give our adults a bit more like the children can get with other charities...this is just my idea. I'm not saying everyone will agree or we will do it... but I would like MOT'S to go from strength to strength like it has done this year and I couldn't be prouder of everyone who has helped and been part of this. Thank you to everyone."*

*Emma Abdullah (Founder & Chair of MOT'S)*

<p><b>Help us help others who Need our vital support</b></p> <p>Text MOTS12 £2 / £5 / £10 to 70070 to donate now. eg MOTS12 £5</p> <p>JustTextGiving by vodafone</p>		<p><b>MOT'S actively promotes organ donation</b></p> <hr/>  <p><b>If you believe in organ donation, prove it. Register now at <a href="http://organdonation.nhs.uk">organdonation.nhs.uk</a> or call 0300 123 23 23</b></p>
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Visit our website [www.mots2012.org.uk](http://www.mots2012.org.uk). Registered charity number: 1156562

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